wind	jibsheet	mainsheet	kicker	cunningham	rig tension	ram	outhaul
0-5 drifting	well eased, lots of twist Increasing tension with speed	in tight (lack of rig tensions should promote twist) unless leech tuffs are stalling	none	none	150-200lbs increasing with flow	straight - 10mm inversion	3-4" at centre of boom
5-7 light, searching for power	2.5" off max	as close to centreline keeping leech alive	none so if wind drops, leech can be opened	none	340lbs	straight - 10mm inversion	3-4" at centre of boom
8 - 14 fully powered helm and crew hiking	1" off max setting leech and luff tell tales flying	tight 2" between blocks	. .	none, increasing with power to balance boat	450lbs (500 lake)	straight - 10mm inversion winding on to manage power	2" at centre of boom
14-18 over powered with above settings, looking to depower	1" off max setting leech and luff tell tales flying	tight 1.5" between blocks 70% of time. Pull till leech stalls. Play in gusts	set to managable power	set to manage power and balance kicker	450lbs	all the way forward	2" at centre of boom
	1/2" off max. easing with mainsail (2-4") to maintain constant 'slot'	tight 1" between blocks 70% of time, play lots in gusts	set to manageable power	set to manage power and balance kicker	450lbs	all the way forward	tight

in lulls free up in gusts	in max unless blaning when eased 3 inches. Play with mainsail in gusts	unless planing in which case boat MUST be flat so big	max. pull till main inverts then ease 1". Unless a hole is dropped then set to manage power, 70-	max	450lbs	all the way forward	cant have it tight enoug
			80% max				
25 till 35, some nut clubs still race in this! Aim to keep boat planing all the time	well eased, loads of twist, big eases in gusts	well eased, expect to be around 2 foot out 50% of time. Try to mininmise flogging backwinding by easing jib as well		max	450lbs easing if still overpowere d (pull on before dw!!!)	all the way forward	keep pullin <u>c</u> till hands bleed

shroud hole		
base		
base		
base		
1/2 hole		
down from		
base		
1 hole down		
1 hole down		
1 hole down from base		
1 hole down from base		
1 hole down from base		

1 hole down from base if planing, 1.5 holes down in chop
1.5 holes down from
base