

Harken Rutland RS400, RS200 and RS600 Open

7th and 8th November 2020

Sailing Instructions





Organised by the RS Class Association in conjunction with Rutland Sailing Club



The notation [DP] in a rule in the SIs means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disgualification.

1 Rules

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 The prescriptions of the RYA will apply.
- 1.3 The Rules of the RS200, RS400 and RS600 Classes will apply.
- 1.4 Competitors shall follow the various restrictions and guidance relating to the COVID-19 pandemic issued by the Government and the RYA as well as instructions given by staff of Rutland Sailing Club and Race Support Persons. Such guidance includes matters relating to social distancing, NHS Test and Trace, club facilities include changing rooms, showers and toilets, and the café. Information is available on the Club website: https://www.rutlandsailingclub.co.uk/covid-19/
- 1.5 Competitors shall wear personal buoyancy at all times whilst afloat, except briefly while adjusting clothing or personal equipment. Flag Y will not be displayed. This changes RRS 40 and Race Signals. [DP]
- 1.6 Other rule changes are described in the sailing instructions.

2 Notices to Competitors

- 2.1 Notices to competitors will be posted on the Official Notice Board located at: www.rutlandsailingclub.co.uk/event/rs-eos-2/
- 2.2 Changes to Sailing Instructions, and Notifications of Protests or Requests for Redress may be displayed on the window of the Club Office as well as on the Official Notice Board.

3 Changes to Sailing Instructions

3.1 Any changes to the Sailing Instructions will be posted at least one hour before the advertised start time of the race or races concerned; except that any change to the schedule of races shall be posted by 19:00 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the masts outside the race hut situated on the club balcony.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5 Schedule of Races

- 5.1 Competitor briefings will be held by Zoom at 19:00 on the evening prior to racing: i.e. on Friday 6th for the RS 400 fleet and Saturday 7th for the RS 200 and RS 600 fleets. The Zoom link will be emailed to those who register. After the briefing, a video of the Zoom briefing will be available on the official notice board.
- 5.2 Schedule:

Sat. 7th Nov. Four races for the RS400 class

only.

Sun. 8th Nov. Four races for RS 200 and

RS 600 classes only.

- 5.3 The scheduled time of the warning signal for the first race each day is 10:55.
- 5.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least one minute before a warning signal is made.
- 5.5 No warning signal will be made after 14:50.

6 CLASS FLAGS

6.1 Class flags will be:

RS200: Yellow Flag with black RS200, or

numeral pennant 2

RS400: Violet Flag with black RS400, or

numeral pennant 4

RS600: Pink Flag with black RS600, or

numeral pennant 6

7 RACING AREA

- 7.1 Racing will take place on Rutland Water.
- 7.2 The location of the racing area will be described on the Official Notice Board and on the chart outside the main clubhouse entrance.

8 THE COURSES

- 8.1 The diagram in the appendix shows the courses, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 No later than the warning signal, the race committee signal vessel will display the number of laps to be sailed for the race.
- 8.3 No later than the warning signal, the race committee signal vessel may display the approximate compass bearing of the first leg.
- 8.4 If a gate is replaced by a single mark, it is to be left to port.

9 Marks

- 9.1 Marks 1a, 4s and 4p will be black spherical buoys.
- 9.2 Marks 1, 2 and 3 will be yellow spherical buoys.
- 9.3 The starting mark will be a dan buoy displaying an orange flag.
- 9.4 The finishing mark will be a dan buoy displaying a blue flag.

10 AREAS THAT ARE OBSTRUCTIONS

- 10.1 The 'RUTLAND BELLE' (a pleasure cruiser), the nosailing zones at the western ends of the northern and southern arms, and moored boats in the East and West Creeks are designated as obstructions; competitors shall give reasonable clearance.
- 10.2 Competitors shall give a clearance of at least 40 metres to drifting fishing boats.

11 THE START

- 11.1 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 11.2 On the Sunday, the RS600 start sequence (including any general recalls) will take place before the RS200 start sequence.
- 11.3 The starting line will be between a staff displaying an orange flag on the committee boat and the starting mark.
- 11.4 A boat that does not start within four minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 & A5.
- 11.5 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. [DP]

12 Change of the Next Leg of the Course

12.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

13 SHORTENING THE COURSE

13.1 For Windward/leeward Courses

For courses that are shortened at the leeward mark when the committee boat is in its normal position and flying flag S, the leading boat shall round the leeward mark on its required side and proceed to the normal finish line. On completing the same number of rounds as the leading boat, all other boats should proceed to the finish line in the same way. This changes RRS 32.2.

13.2 For the Trapezoid Course

For courses that are shortened at the leeward mark, the shortened course will be indicated by a signal boat stationed near the mark flying flag S and making repeated sound signals. The leading boat shall round the leeward mark on its required side and then proceed to the normal finish line. On completing the same number of rounds as the leading boat, all other boats should finish as described above. This changes RRS 32.2.

13.3 For both Courses

At any other mark of the course the race may be shortened in accordance with RRS32.2. All competitors shall complete the number of rounds equal to the leading boat before finishing.

14 THE FINISH

- 14.1 The finish line will be between a staff displaying a blue flag on the committee boat and the finishing mark
- 14.2 The race committee may score boats based on their relative positions at a mark of the course or on a leg of the course as follows:
- 14.2.1 When an official boat displays flag W with one sound, boats still racing may be scored as their observed position on the race course.
- 14.2.2 When a boat is scored in accordance with this instruction, she shall be given a score for a place after all boats that have sailed the course and finished. This changes RRS A4 and A5.
- 14.2.3 A boat so notified is no longer required to sail the course (changing RRS 28.1), shall stop racing and shall return to the starting area, or may return ashore if there is no more racing.

15 PENALTY SYSTEM

- 15.1 RRS 44.1 is changed so that the two-turns penalty is replaced by the one-turn penalty.
- 15.2 RRS 31 is changed so that marks other than starting and finishing marks may be touched without penalty.

16 TIME LIMITS AND TARGET TIMES

16.1 Time limits and target times are as follows:

| Time limit | Mark 1 time limit | Target time |
|------------|-------------------|-------------|
| 60 minutes | 15 minutes | 35 minutes |

- 16.2 If no boat has passed Mark 1 within the Mark 1 time limit, the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 16.3 Boats failing to finish within 20 minutes after the first boat in any fleet sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

17 PROTESTS AND REQUESTS FOR REDRESS

- 17.1 Protest forms are available from the Club office.
 Protests and requests for redress or reopening
 shall be delivered there within the appropriate time
 limit using the online form available.
- 17.2 The protest time limit is 45 minutes after the last boat has finished the last race.
- 17.3 Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. These may be relayed by the loudspeaker system and using WhatsApp. Hearings may be held online, and details will be communicated to the parties involved.
- 17.4 Notices of protests by the race committee, will be posted to inform boats under RRS 61.1(b).
- 17.5 Breaches of SIs marked [DP] will not be grounds for a protest by a boat. This changes RRS 60.1(a).

17.6 A request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

18 Scoring System

- 18.1 One race is required to have been completed to constitute a series.
- 18.2 Discards will be applied as follows:
- 18.2.1 When fewer than four races have been completed, a boat's series score will be the total of her race scores.
- 18.2.2 When four races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

19 SAFETY REGULATIONS

- 19.1 A boat that retires from a race shall notify the race committee as soon as possible. [DP]
- 19.2 When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore. [DP]

20 REPLACEMENT OF CREW

20.1 Substitution of competitors will not be allowed without prior written approval of the race committee. Requests should be made at the club office. [DP]

21 RUBBISH DISPOSAL

- 21.1 A competitor shall not drop rubbish in the dinghy park. [DP]
- 21.2 A competitor shall not intentionally put rubbish in the water. This rule applies at all times while afloat. [DP]
- 21.3 Because of COVID-19 regulations, rubbish may NOT be put on race support boats. [DP]

22 RADIO COMMUNICATION

22.1 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data transmissions that is not available to all boats.

23 PRIZES

- 23.1 Prizes will be allocated to the leading boats in each fleet
- 23.2 Prizes will be available for each fleet up to the square root of the number of entries in that fleet.

24 RISK STATEMENT

24.1 Rule 4 of the Racing Rules of Sailing states; "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

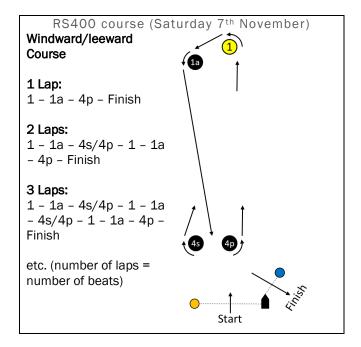
- 24.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
 - a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event:
 - They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
 - g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information prepared for the venue or event and to attend any safety briefing held for the event.

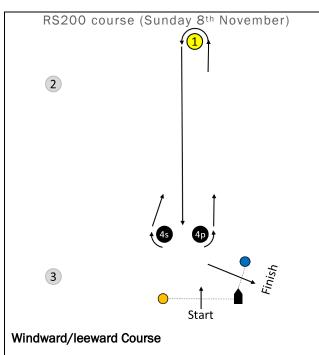
25 Insurance

25.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident.

John Fothergill, Principal Race Officer

APPENDIX: COURSES





1 Lap

1 - 1a - 4p - Finish

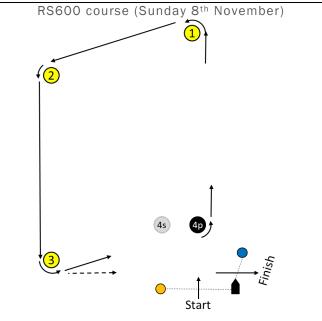
2 Laps:

1 - 1a - 4s/4p - 1 - 1a - 4p - Finish

3 Laps

1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4p -Finish

etc. (number of laps = number of beats)



Trapezoid Course

1 Lap:

1 - 2 - 3 - 4p* - Finish

2 Laps:

1 - 2 - 3 - 4p - 1 - 2 - 3 - 4p* - Finish

3 Laps:

1 - 2 - 3 - 4p - 1 - 2 - 3 - 4p - 1 - 2 - 3 - 4p* - Finish

etc. (number of laps = number of beats)

* Note: Competitors may go straight from mark 3 to the finish line at the end of the race; they do not have to approach mark 4p provided it is left to port.