



RS400 Meeting at
Lee on Solent Sailing Club
SAILING INSTRUCTIONS (SIs)
21st and 22nd May 2022

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 1000 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located at The Signal Station

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at Signal Station flag pole.
4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.
4.3 [DP] Flag D with one sound means 'Boats shall not leave the shore until this signal is made. The warning signal will not be made before the scheduled time or less than 30 minutes after flag D is displayed.'

5 SCHEDULE OF RACES

- 5.1 6 Races are scheduled to be sailed over the two days.
5.2 The Start time of any race (except the first race) may be brought forward or postponed in the event that the forecast is for unfavourable conditions for racing.
5.3 The scheduled time of the warning signal for the first race each day is 1300 on Saturday and 10.30 on Sunday.

- 5.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 5.5 On the last scheduled day of racing no warning signal will be made after 1500 hours.
- 5.6 There will be no more than 4 races completed on either day.

6 CLASS FLAGS

- 6.1 The RS400 Class flag is if available an RS400 flag if not numeral pennant 4 will be used

7 RACING AREA

- 7.1 The racing area is *between the Lee on Solent shore and with the outer limit being East Brambles (Cardinal Mark)*. Note there is a shipping channel this side of East Brambles.

8 COURSES

- 8.1 The diagram in SI Addendum 1 shows the course(s), including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 No later than the warning signal, the race committee signal vessel will display the approximate compass bearing of the first leg.
- 8.4 Legs of the course will not be changed after the preparatory signal. This changes RRS 33.

9 MARKS

- 9.1 Mark are inflatable buoys colours to be confirmed in SI Addendum 1

10 THE START

- 10.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 10.3 The starting line is between a staff displaying an orange flag on the committee vessel at the starboard end and the course side of the port-end starting mark.
- 10.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.5 Flag P will be used as the Preparatory Signal in the first race and may change following a recall and for later races.
- 10.6 A boat that does not start within 3 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

11 THE FINISH

The finishing line is between a staff displaying a blue flag on the finishing vessel at the port end and the course side of the starboard end finishing mark.

12 PENALTY SYSTEM

For the RS400, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

13 TIME LIMITS [AND TARGET TIMES]

13.1 The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Mark 1 Time Limit	Race Time Limit	Finishing Window
20 minutes	90 minutes	20 minutes

13.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.

13.3 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

13.4 Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

14 HEARING REQUESTS

14.1 The protest time limit is 90 minutes after the last boat in that class finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.

14.2 Hearing request forms are available from the signal station.

14.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the main Club House beginning at the time posted on the official notice board.

14.4 On the last day of scheduled racing a request for redress based on a Protest Committee decision shall be delivered no later than 20 minutes after the decision was posted. This changes RRS 62.2

14.5 Appendix T, Arbitration may be in use.

15 SCORING

15.1 The scoring system is as follows:

TWO races are required to be completed to constitute a series.

15.4 A boat's series score is the total of her race scores excluding her one worst score.

15.5 When fewer than 4 races have been completed, a boat's series score is the total of her race scores.

15.6 Rule A5.3 applies.

16 SAFETY REGULATIONS

[DP] A boat that retires from a race shall notify both the race committee and the Beachmaster at the first available opportunity and promptly after returning to the shore, ensuring that the retirement is registered. Failure to register a retirement may attract a penalty at the discretion of the Protest Committee.

17 TRASH DISPOSAL

Trash may be placed aboard official [or support person] vessels.

18 PRIZES

Prizes will be given for First 3 places but may vary depending upon entry, and will be held in the Main Clubhouse as soon as possible after racing.

19 RISK STATEMENT

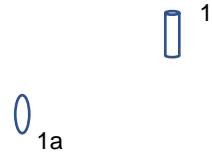
19.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.
Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

19.2 **Appendix J Addendum A(RYA) will apply.**

20 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of **£3,000,000** per incident or the equivalent.

Addendum 1: Course layout.



RS 400 Start 1,1a, Gate (2, 2a)
By number of rounds shown on
committee boat then Finish

