

**Noble Marine Rooster  
RS400 National Championships 2022  
8<sup>th</sup>-12<sup>th</sup> August 2022  
Hosted by East Lothian Yacht Club  
WELCOME and JOINING INSTRUCTIONS**



We are very much looking forward to welcoming you all to North Berwick!

Please read these Joining Instructions to help you on arrival, during the week and on departure, hopefully after a great week of sailing, socialising and enjoying everything East Lothian Yacht Club and the surrounding area have to offer. Kayleigh Roberts will be your Class Secretary for the week and should be able to help you with any queries.

**PRIOR TO LEAVING HOME, PLEASE**

- **Sign up for all the socials by 3<sup>rd</sup> August [here](#)**
  - o Pre-Nationals coaching with Stewart and Sarah Robertson on Sunday afternoon – top tips on the venue, tuning and sailing your RS400
  - o Local tactics talk with Jim Sinclair
  - o Commodore's reception
  - o Tuesday Paella Night
  - o Thursday Championship Supper
- Let us know if you have any specific dietary requirements, by emailing [membership@rs-association.com](mailto:membership@rs-association.com), even if you have not ordered any meals, as we will be serving complimentary Scotch pies and canapes
- Make sure all the details on your entry are correct, that both helm and crew are RS Class Association members and that your sail number matches your boat number. If there are any changes please email [membership@rs-association.com](mailto:membership@rs-association.com)
- Join the **Event WhatsApp Group** via [this link](#). This group will be used for communication with competitors, but will not replace the [Official Noticeboard](#)

## **TIMETABLE**

Please refer to the Notice of Race and Official Noticeboard for confirmation of Sailing Programme.  
Note that timings may be affected by the racing launch and return.

### **Sunday 7<sup>th</sup> August**

Arrival: 09.00 – 18.00

Sail Loft Galley open 10.00 - 16.00

Registration club house sail loft: 14.00 - 17.00

Coaching for those pre-booked, meet Elcho Green Dinghy Parking flag pole (rigged and changed):  
12.00

Talk by expert local sailor, Jim Sinclair: 18:00 in Club house Sail Loft

Complimentary Scotch Pies: from 18:30

Bar 17:00 – 23:00

### **Monday 8<sup>th</sup> August**

Registration clubhouse sail loft: 09:00-10:00

Competitor Briefing: 10:30

Sail Loft Galley open : 09:00 – 13.00

1<sup>st</sup> start: 13:00

Commodore's reception with complimentary drink and canapes: 18:30 – Please register here.

Daily prize-giving c20:00

Bar: 17:00 – 23:00

### **Tuesday 9<sup>th</sup> August**

Sail Loft Galley open : 09:00 – 13.00

1<sup>st</sup> start: 13:00

Tapas and Paella: 19:00

Daily prize-giving c20:00

Bar: 17:00 – 23:00

### **Wednesday 10<sup>th</sup> August**

Sail Loft Galley open : 09:00 – 13.00

1<sup>st</sup> start: 13:00

Class AGM: 18:30

Open evening for food – enjoy all North Berwick has to offer:

August is busy with visitors in North Berwick – Book any restaurant meals early.

Or grab fish & chips and enjoy them at the harbour or in the club sail loft.

Daily prize-giving c20:00

Bar: 17:00 – 23:00

### **Thursday 11<sup>th</sup> August**

Sail Loft Galley open : 09:00 – 13.00

1<sup>st</sup> start: 13:00

Championship Supper: 19:30

A selection of local butcher and vegetarian sausages with awesome sides plus choice of deserts.

Live Music: from 20:30

Daily prize-giving TBC

Bar: 17:00 – 23:00

### **Friday 12<sup>th</sup> August**

Sail Loft Galley open : 09:00 – 13.00

1<sup>st</sup> start: 11:00

Championship Prize Giving: TBC

## **GENERAL INFORMATION**

### **ARRIVAL**

Dinghy parking will be on the Elcho Green which, if approaching the town from the West (Edinburgh side), is on Beach Road on your left, after you come down Station Hill.

The Elcho Green will be open for dinghy parking on Sunday 7<sup>th</sup> August. The diagram below shows the entrance to the dinghy park and we ask that you park your dinghy towards the eastern end of the green with the bow facing towards the sea. Please unhitch your dinghy as quickly as possible and then park your car away from the Elcho Green. This is to make sure that we can keep traffic flowing freely if a number of boats happen to arrive at the same time.

Please do not attempt to bring your dinghy down to the harbour area as you will be faced with a tricky journey through or around the town to get to the Elcho Green dinghy park.

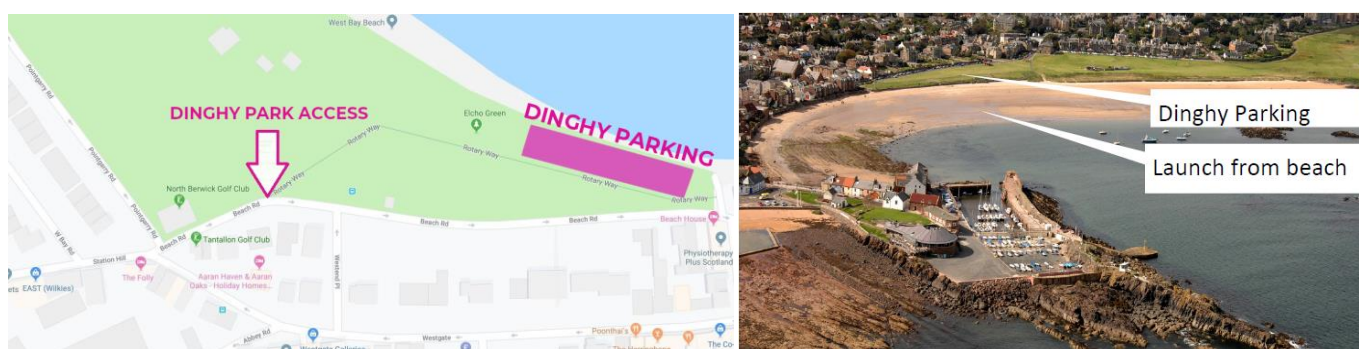


Photo credit—Tony Gorzkowski.

### **PARKING**

Unfortunately no car parking is available at the Clubhouse, nor on the Elcho Green, which is reserved strictly for dinghy parking only. However, there are a number of public car parks in the town centre which are a short walk away from the Clubhouse.

Check <https://northberwickparking.org.uk/> for details.

### **REGISTRATION**

- All competitors are required to register upon arrival. Registration will in the Sail Loft at the club house – between 2 and 5pm on Sunday and 9 and 10am on Monday.
- Trolley tags will be handed out which must be attached to the bow of your launch trolley.
- Dinghies will be berthed in buddy groups. Berthing plan will be available on a nearby notice board and the berth number will be marked on the floor

### **CLUB ACCESS**

- Changing Rooms and toilets will be open from 09:00 until 23.00
- Space is limited in the changing rooms. If possible, please change for racing before you arrive at the Club or by your boat.

## **CATERING**

- Breakfast will be available every day from 9-11am (from 8am on Friday). We will have a range of bacon/sausage rolls, hot drinks & snacks.
- Evening meals will be served as per the timetable above
- Please book meals in advance; there will be a limited number of tickets available to purchase at the registration, but it will really help us if you can order before you leave home.

## **BAR & LICENSING**

North Berwick local bylaws prohibit drinking alcohol in public spaces.

Please support the club and their volunteers by only drinking alcohol purchased from the club bar on club premises.

## **DEPARTURE**

- The dinghy park on Elcho Green must be cleared on Friday afternoon. If you are staying around over the weekend, the club can assist with storage. Email [membership@rs-association.com](mailto:membership@rs-association.com) to arrange.

## **RS CLASS ASSOCIATION EVENT WEBSITE**

The RS Class Association event website is [here](#)

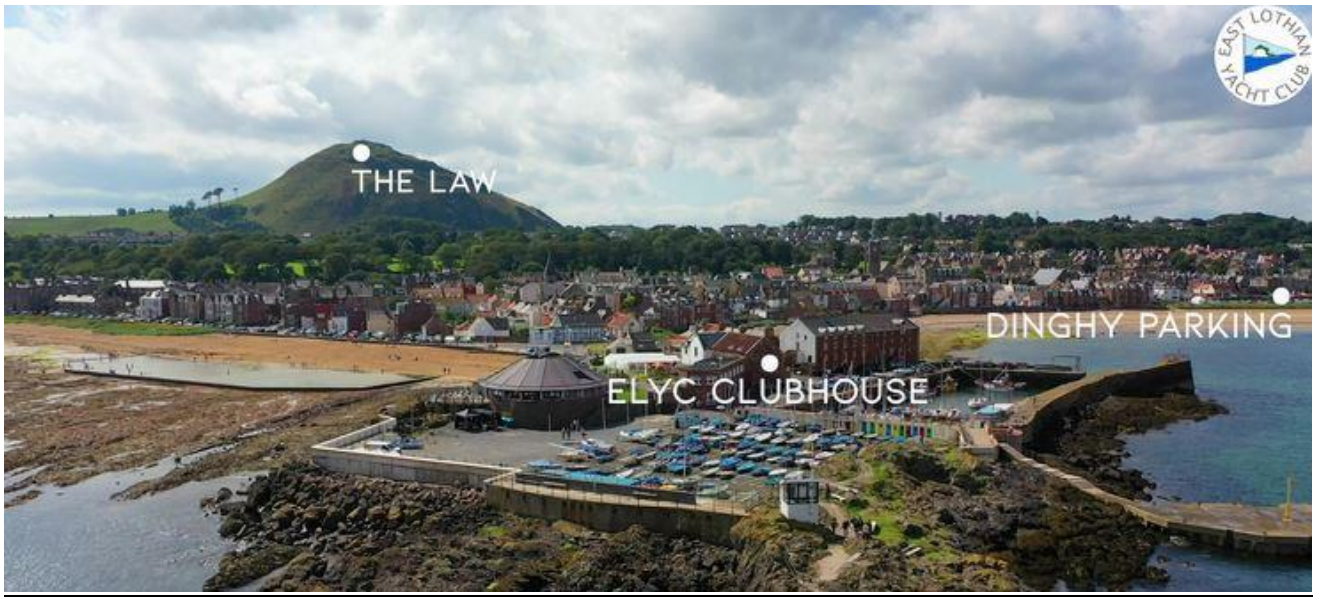
## **OFFICIAL NOTICEBOARD**

The official noticeboard is [here](#)

## **EAST LOTHIAN YACHT CLUB WEBSITE**

The club website is [here](#)

PHOTO SHOWING ELYC AND SURROUNDING FACILITIES



*Good luck and have a great week!*