



Noble Marine Rooster
RS400 National Championships 2023
30th July - 4th August 2023
Hosted by Mounts Bay Sailing Club
WELCOME and JOINING INSTRUCTIONS

RS
400

We are very much looking forward to welcoming you all to Marazion!

Please read these Joining Instructions to help you before you leave home, on arrival, during the week and on departure. We hope you have a great week of sailing, socialising and enjoying everything Mounts Bay Sailing Club and the surrounding area have to offer.

PRIOR TO LEAVING HOME, PLEASE

- **Order all your food tickets and book your Sunday coaching by 23rd July [here](#)**
 - o Pre-Nationals coaching, with Sam Knight and Chris Bownes on Sunday afternoon
 - o Monday Pasta Bake
 - o Extra Tuesday Mount's Bay Pasty and visit to the Mount for partners etc (sailors ticket included in entry)
 - o Wednesday Chilli at the AGM
 - o Thursday Championship Hog Roast and Jelbert's Ice Cream
- Let us know if you have any specific dietary requirements, even if you have not ordered any meals, as we will be serving complimentary coming ashore treats.
- Join the **Event WhatsApp Group** via [this link](#). This group will be used for communication with competitors but will not replace the Official Notice Board in the dinghy pen at MBSC. Please note that when you join the group your number will be visible to other participants.
- Watch our gate start video [here](#).

Allergens

We have been advised that several sailors in the fleet have a **nut allergy**, one of which is severe. We are therefore aiming to make this a 'nut free' event and request that sailors and supporters **do not bring any nuts or foods containing nuts** onto the premises or into the dinghy pen / launching area.

No nuts will be used in any of the dishes served at the club, however items may be prepared in areas where nuts and other allergens are used, and food served may contain traces of nuts and/or other allergens. Those with an allergy or intolerance are requested to advise membership@rs-association.com in advance (if not already done). We will aim to accommodate all dietary requirements but advise you to double-check with the servers for each meal.

TIMETABLE

Please refer to the Notice of Race and Official Noticeboard for confirmation of Sailing Programme.

Note that timings may be affected by the racing launch and return.

Friday 28th July

Early Arrival: 13:00 – 18:00 (after 18:00 please leave boats in car park, you will need to buy a ticket. Campers can leave boats overnight in camping field)

Folly field boat and trailer storage open from 13:00

Bar 20:00 – 23:00

Saturday 29th July

Arrival: 09:00 – 18:00 (after 18:00 please leave boats in car park, you will need to pay for a parking ticket. Campers can leave boats overnight in camping field)

Folly field open for boats and trailers.

Sunday 30th July

Coaching for those pre-booked, meet in the Dinghy Pen (rigged and changed) 12:00

Registration in the club house: 15:00 – 18:00

Race Officer Briefing: 20:00

Commodore's Reception with complimentary drink 20:00

Bar 17:00 – 23:00

Monday 31st July

Registration in the clubhouse: 09:00-10:30

Galley open for breakfast: 09:00 – 11:00

Beach Briefing (incl. pointing out rocky areas), Dinghy Pen: 10:00

1st start: 12:00

Friends, families and supporters welcome meet-up, club house 12:30

Sailors' Supper, Pasta Bake/Sweet Potato & Chickpea Curry: 18:30

Daily prize-giving c20:00

Bar: 17:00 – 23:00

Tuesday 1st August

Galley open for breakfast: 09:00 – 11:00

1st start: 12:00

Pasties after sailing. Daily prize-giving 18:30

Visit to St. Michaels's Mount: 19:00

Bar: 17:00 – 23:00

Wednesday 2nd August

Galley open for breakfast: 09:00 – 11:00

1st start: 12:00

Chilli Served 19:00

Class AGM: 19:30

Daily prize-giving at AGM

Bar: 17:00 – 23:00

Thursday 3rd August

Galley open for breakfast: 09:00 – 11:00

1st start: 12:00

Championship Hog Roast: 19:00

Daily prize-giving c20:00

Live Music: from 20:30

Bar: 17:00 – 23:00

Friday 4th August

Galley open for breakfast: 09:00 – 11:00

1st start: 12:00

Championship Prize Giving: as soon as possible after racing.

Bar: 16:00 – 23:00

GENERAL INFORMATION

ARRIVAL

The club address is Mounts Bay Sailing Club, Godolphin Steps, Marazion, TR17 0EN.

What Three Words as shown on the maps below will guide you to the arrival point

The club website is [here](#)

The Dinghy pen will be open for dinghy parking from Friday 28th July, see above timetable for drop-off times.

Please see the photos at the end of this document for site layout, including dinghy pen and camping.

REGISTRATION

- All competitors are required to register. Registration will in the clubhouse – between 15.00 and 18.00 on Sunday 30th July and 09.00 and 10.30am on Monday 31st July.
- Trolley tags will be handed out which must be attached to the bow of your launch trolley.
- Dinghies will be berthed in buddy groups. Berthing plan will be available on a nearby notice board and the berth number will be marked on the floor.

CLUB ACCESS

- Changing Rooms and toilets will be open from 09:00 until 23.00.
- Space is limited in the changing rooms. If possible, please change for racing before you arrive at the Club or beside your boat.
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CATERING

- Breakfast will be available from Sunday 30th to Friday 4th August from 9-11am. We will have a range of bacon/sausage rolls, hot drinks & snacks.
- Evening meals will be served as per the timetable above.
- Please book meals in advance; there may be a limited number of tickets available to purchase at the registration, but it will really help us if you can order before you leave home.

DEPARTURE

- The dinghy park must be cleared by 18:00 on Saturday 5th August. Please arrange with MBSC Beachmaster if your boat needs to be stored in MBSC pen until Sunday.

RS CLASS ASSOCIATION EVENT WEBSITE

The RS Class Association event website is [here](#)

OFFICIAL NOTICEBOARD

The official noticeboard will be in the Dinghy Pen by the Race Office

PHOTOS SHOWING MBSC, DINGHY PARK AND CAMP SITES.



“What 3 Words” are used to pinpoint precise destinations for entrance to dinghy parking and also the Y junction location for campsites. Use your Google Maps or Waze for navigation.

Dinghy Park entrance: /// typhoon.bleaching.enforced

Camping: /// choppers.demanding.backhand



Good luck and have a great week!

Another camp site (Wheal Rodney) is located at ///pine.sheepish.situation///

This is at the top end of Marazion and further to walk down to the club, but an easy cycle ride.